

FREEZO CAFFE

	350ml	500ml
Jozifreezo	R42	R53
The Original lattelicious Made with espresso.	R42	R53
Choc-Peppermint	R43	R54
Choc-Decadence	R43	R54
Sticky Toffee	R43	R54
Chai	R43	R54
Peanut Butter Banana	R43	R54

MILKSHAKES

Strawberry / Banana / Chocolate / Lime	R36
Iced Coffee	R38
Cookie Monster	R38
Salted Peanut Butter & Chocolate	R42
Choc-Hazelnut	R42

COFFEES AND TEAS

Full cream, low fat milk available.

Soy milk +R6 / Almond Milk +R6

Brewed Coffee	R25
Americano	R28
Espresso Single Double	R20 R24
Macchiato Single Double	R22 R26
Cappuccino	R32
Apo Pana Espresso with condensed milk.	R28
More than Cappuccino Hazelnut choc-o-ccino White choc-o-ccino Toffee choc-o-ccino	R40
Con Pana (espresso with whipped cream) Single Double	R26 R28
Café Latte R35 Also available over ice.	R38
Flavours Up!: vanilla, hazelnut or toffee or caramel or butter scotch +R8	
Café Mocha	R36
Beyond Café Caylon Earl Grey Rooibos Tea Fresh Mint Tea Red Espresso Red Cappuccino Hot Chocolate / Milo Chai Latte with double espresso	R20 R22 R20 R22 R23 R30 R32 R38 +R17
Gourmet Lattes Vanillalicious Crème Brulee Chocmint	R51 R51 R51

BURGERS

Beef or Chicken patty

Served with chips & coleslaw	
Original Grilled 200g beef patty / chicken patty.	R89
Double Cheese Please Grilled 200g beef patty / chicken patty, mozzarella & cheddar.	R98
Hello Halloumi Grilled halloumi, humus, sliced tomatoes, avo & lemon olive oil dressing.	R95
Wendy Grilled 200g beef patty / chicken patty, bacon, avo & rocket.	R105
Dagalicious Grilled 200g beef patty / chicken patty, bacon, ham, fried egg & cheddar.	R115
Dukkah Burger 200g pure lamb mince burger patty mixed with roasted Egyptian dukkah spice topped with tzatziki and humus.	R135
Peppadew & Feta Burger	R98
Pulled Pork Homemade pulled pork on a roll with red onion and pickles topped with a smokey hickory sauce.	R105
Rump Steak Baguette Served with chips.	R89

MAINS AND GRILLS

Meals served with any 2 sides:

Chips / green salad / roasted butternut / roasted beetroot / baked sweet potato / basmati rice

T-Bone 500g Grilled served on the bone.	R180
Grilled Fillet 200g 300g	R180 R220
Rump 200g 300g	R140 R180
Pork Ribs 500g 1kg	R180 R280
Lamb Chops 4 x 80g chops grilled to perfection.	R175
Half Chicken Grilled lemon & herb / peri-peri.	R125
Chicken Schnitzel 2 Crumbed chicken breasts. With cheese / mushroom sauce	R98 +R25
Pan Fried Pepper Steak Rump 300g R190 / Fillet 300g R240 Rubbed in coarse black pepper, pan fried in butter and flamed with brandy and topped with a creamy Madagascar green pepper sauce.	
Hollandse Biefstuk Rump 300g R190 / Fillet 300g R240 Rubbed with 5g black pepper and salt, pan fried to perfection and flamed with 30ml brandy.	

Mustard Seed Steak Rump 300g R190 / Fillet 300g R240
Rubbed with yellow mustard seeds, pan fried to perfection and topped with our homemade creamy sherry based mustard sauce.

Philli Cheese Steak R210
300g Rump topped with roasted onion and melted mozzarella, cheddar and cream cheese.

Line Fish of the day R135
Catch of the day. Grilled with olive oil & lemon juice.

Sauces
Mushroom / Pepper / Mustard Seed / Cheese Sauce

Sides
Grilled Sweet Potato
Veggies of the day
Savoury Rice
Fries
Sweet Potato Fries
Mash Potato

KIDS COMBO

Served with a small milkshake.

The Caterpillar Ham & cheese sandwich on white bread.	R40
Sailboat Fruit Salad Papino, apple & banana.	R44
Crispy Chicken Strips & Chips	R55
Chicken/ Beef Burger & Chips	R55
Spaghetti Bolognese	R55
Penne Noodle Mac Cheezy	R55
Hot Dog & Chips	R55
Fish Fingers & Chips	R55
Margherita Pizza	R55

"LICIOUS" SWEETS *Luvit!*

Ice Cream Sugar bowl with ice cream of your choice. Enquire about flavours	R46
24HR Sweet Tooth Sugar bowl with vanilla ice cream, caramel sauce & chunks of Bar-One.	R58
Everyday Sunday Vanilla ice cream, Lunch Bar, digestive biscuits, toasted mixed nuts, chocolate & caramel sauce.	R64
Waffles With ice cream / cream.	R55
Apple Pie Waffle Spiced apple, raisins, pecans, crumble, ice cream & honey.	R59
Peppermint Pudding Waffle With peppermint crisp, tennis biscuits, ice cream & caramel sauce.	R65
Home Made Crêpes With ice cream With Cinnamon & sugar With Nutella With smashed banana & Nutella	R45 R39 R55 R65

Daily selection of cakes & sweet treats available

lattelicious

Karaglen

BREAKFAST

Bread available: plain or toasted / farm white / brown / 70% rye / health seed loaf

Eggs served fried / poached / scrambled

2 eggs per portion

Substitute bacon for macon

Anchovy Toast Anchovy spread, sliced tomatoes & red onion.	R42
Tick-Tock Toast Cottage cheese, avo, chilli flakes & lemon olive oil dressing. Served open.	R60
Mykonos Sunrise Greek yoghurt with toasted almonds & honey.	R79
Morning Choice Greek yoghurt, fruit salad, muesli & honey.	R85
Papino Paradise Greek yoghurt, chopped papino, dried cranberries, flaked almonds & honey.	R84
Home Style Porridge Oats cooked in water with honey & cinnamon. Add peanut butter / Nutella R10	R59
Licious French Toast Cinnamon eggy bread with fried banana, strawberries, honey & cream.	R78
Eggs & Toast Eggs served: fried / poached / scrambled.	R48
American Waffle Waffle, bacon, fried banana & maple syrup.	R45
Brazilian 2 Eggs, bacon, grilled cherry tomatoes. With grilled halloumi	R49
San Pablo Two slices of toast, one topped with scrambled eggs the other with savoury mince.	+R25 R55
Costa Rica Scrambled eggs and 80g smoked salmon served on crumpets. Half Lemon.	R95
Toscano 2 Eggs, beef / pork sausage, bacon, grilled black mushrooms & cherry tomatoes. With grilled steak 120g	R99 +R35
Plain Omlette Standard.	R39
El Greco Bacon, feta, sliced tomatoes & olives.	R70
Mexican Magic Savoury mince, avo, cheddar & sweet corn. Tomato salsa aside.	R98
Eden Black mushrooms, onion, broccoli, baby spinach & mozzarella.	R94
Glaros Smoked salmon, cream cheese, spring onion, capers, black pepper, lemon juice & olive oil.	R120
Additional Fillings: Cherry tomato / onion / pineapple / green chilli / mixed peppers / spring onion +R8	
Spinach / rocket / olives / black mushrooms / basil / mozzarella / cheddar / halloumi / parmesan / brie / avo +R15	
Tuna / bacon / salami / ham / chicken / macon +R30	
Smoked salmon +R45	



Shop 11
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Tel: 068 264 1769
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OMELETTES

Served with toast: farm white / brown / 70% rye or health seed loaf
Standard portion: 3 eggs

TOASTIES

Bread available: farm white / 70% rye or health seed loaf

CHIEF CHEESE R42
 +R6
 With sliced tomatoes +R16
 With bacon

Ham Slam R55
 Ham, cheese & sliced tomatoes.

Buddy Bacon R58
 Egg & bacon +R12
 With cheese

Chicken Mayo R58

Tuna Mayo R62
 Tuna & mayo.

Additional Fillings:
 Cherry tomato / onion / pineapple / green chilli / mixed peppers / spring onion +R8

Spinach / rocket / olives / black mushrooms / basil / mozzarella / cheddar / halloumi / parmesan / brie / avo +R15

Tuna / bacon / salami / ham / chicken / macon +R30

Smoked salmon +R45

TRIUMPH TOASTIES

Bread available: farm white / 70% rye or health seed loaf

First Blush Salmon R120
 Smoked salmon, 2 poached eggs, cottage cheese, rocket & lemon olive oil dressing.

The Hallo R97
 Grilled halloumi & black mushrooms, sliced tomatoes, avo, micro greens & rocket.

Avo & Chunky Cottage Cheese on Rye R87

Hearty Beef R79
 Rare roast beef, swiss cheese, sliced tomatoes, basil, fennel, avo & dijon mayo.

Caprese R65
 Mozzarella, basil, sliced tomatoes, olive oil, salt & black pepper.

Chicken Breast on Rye R87
 Grilled chicken breast, sundried tomatoes & feta.

Chicken Halloumi on Rye R95
 Green leaves, grilled BBQ chicken breast & halloumi, avo, micro greens & sliced tomatoes. Served open.

Bacon Station R94
 Bacon, avo & cream cheese.

Emperor Triple Decker R99
 3 Tier sandwich with chicken mayo, bacon, fried egg, cheddar & sliced tomatoes. Served with chips.

Bullion Triple Decker R95
 3 Tier sandwich tuna mayo, grilled mushrooms, pineapple, cheddar & sliced tomatoes.

TRAMEZZINIS

Toasted pita bread

Garden Graze R80
 Creamed spinach, feta and mozzarella.

Capon R99
 Chicken mayo, mozzarella & grilled black mushrooms.

Louisiana R99
 Grilled chicken strips, mozzarella, sliced tomatoes & avo.

Laurel R99
 Bacon, mozzarella & avo.

The Spaniard R105
 Spanish chorizo, mozzarella, artichokes, sundried tomatoes, olives & basil.

The Bomb R105
 BBQ beef strips, grilled onion & mozzarella.

The Asian R95
 Sticky chicken, avo, sundried tomatoes & feta.

GOURMET WRAPS

Zealous R85
 Grilled halloumi, green leaves, red cabbage, sprouts, cherry tomatoes, mint, mayo & sweet chilli jam.

Green Array R102
 Rocket, baby spinach, broccoli, green pesto, green beans, parmesan, avo & toasted almonds.

Sante Fe R104
 Grilled chicken strips & roasted vegetables, cream cheese, avo, sprouts, baby spinach & sweet chilli jam.

Cubano R120
 Grilled BBQ beef, chicken & halloumi strips, cream cheese & sweet chilli jam.

Chorizo Club R105
 Grilled chicken strips, chorizo, mozzarella, green leaves, red cabbage, gherkins & garlic mayo.

SALADS

Greek Island R89
 Green leaves, cherry tomatoes, cucumber, feta, olives, peppers & lemon olive oil dressing.

Green Start R86
 Green leaves, rocket, baby spinach, cucumber, fennel, avo, parmesan & lemon olive oil dressing.

Mediterranean Couscous R85
 Couscous, feta, olives, cherry tomatoes, cucumber, red onions, sundried tomatoes, sweet corn, basil & lemon olive oil dressing.
 Served with toasted pita bread. Add tuna chunks +R30
 Add grilled chicken strips +R30

Quinoa Beet Slaw R89
 Quinoa, raw beetroot, carrots, apple, fennel, toasted sesame seeds, avo & honey sesame vinaigrette.

Balsamic Beets R85
 Rocket, baby spinach, roasted balsamic beets, feta cheese, red onion, dried cranberries, walnuts, baby marrow, micro greens & honey sesame vinaigrette.
 Add grilled chicken strips +R30

Cajun Chicken R108
 Green leaves, grilled cajun chicken strips, parmesan shavings, roasted butternut, broccoli, avo, peppadews & cherry tomatoes. Mint yoghurt dressing aside.

Quinoa Curry R95
 Curried quinoa, chickpeas, lentils, celery, cherry tomatoes, feta, cucumber, mint & yoghurt dressing.
 With grilled chicken strips. +R30

Sweet Chilli Chicken R109
 Green leaves, grilled sweet chilli chicken, halloumi, brocolli, avo, cherry tomatoes, cucumber, pumpkin seeds & sundried tomatoes.

Carne Salad R105
 Baby lettuce, red onion, cherry tomatos, dried onion sprinkles, feta cheese, calamata olives & beef strips.

Bifteki Village Salad R105
 Greek style meat ball on greek village salad.

STARTERS & SIDES

Chicken Livers R60

Trinchado R75

Nachos Cheesy R105
 Served Mexican style with guacamole, salsa and crème fraiche.
 Add chicken R30/ Add chilli con carne R35

Nachos Quattro R165
 Pulled pork, chilli con carne, chicken and jalapeno.

“Shut the Cluck Up” Hot Wings R49
 6 Wings

12 Wings R98

Fried Halloumi R79

Bang Bang Cauliflower R55

Chips R25

Pasta

Served with spaghetti / fettuccine / penne

Napolitana R79
 Lattelicious home made pomodoro sauce.
 Add fresh chilli & garlic +R8

Mushroom Medley R102
 Yoghurt & olive oil based sauce with mixed grilled mushrooms, parmesan, onion, garlic, parsley & black pepper.

Broccoli Blue Cheese R102
 Cream & white wine sauce with broccoli, blue cheese, baby marrow, walnuts, parmesan & parsley.

Green Pesto R73
 Home made herb pesto.
 Add grilled chicken strips +R30
 Add beef strips +R30

Bolognaise R98
 Napolitana & beef mince sauce.

Alfredo R95
 Cream based sauce with ham & grilled black mushrooms.

OTA Chorizo R98
 Olive oil based sauce with spanish chorizo, olives, cherry tomatoes, artichokes, red onion, goats cheese & basil.

Pasta Italia R108
 Olive oil based sauce with grilled chicken strips, roasted cherry tomatoes, garlic & rosemary.

Lasagne R110
 A Lattelicious favourite, beef or chicken.

Meatball Napoli R105
 Homemade meatballs on a bed of baby spinach, creamy napolitana sauce & grated parmesan cheese.

CBC Pasta R115
 Chicken breast fillets stuffed with cream cheese, garlic and basil, wrapped in bacon and topped with a creamy white wine and chive sauce.
 Served with a pasta of your choice.

Pasta Grecia R90
 Tomato based sauce with fresh basil, feta cheese & calamata olives.

Pasta Alforno R108
 Penne smothered with a cream based sauce with minced bacon, minced beef, onion and green peppers topped with mozzarella and baked in the oven.

PIZZA

Don ‘G’ R92
 Mozzarella, olives and anchovies.

Focaccia Erbe R65
 Focaccia with mixed herbes & olive oil.

Focaccia Bianco R75
 Focaccia with mixed herbs, white onion, garlic & feta.

Margarita R79
 Pomodoro sauce & mozzarella.

The Brie R105
 Pomodoro sauce, mozzarella, brie, basil & fig preserve.

Lighter Side R98
 Pomodoro sauce, mozzarella, roasted aubergines, black mushrooms, olives, parmesan, fresh cherry tomatoes & micro herbs.

BBQ Chicken R105
 Pomodoro sauce, mozzarella, BBQ chicken strips & black mushrooms.

Chido R105
 Pomodoro sauce, mozzarella, mince, green peppers, red onion, avo, chilli & garlic.

Mediterranean R105
 Pomodoro sauce, mozzarella, bacon, feta, olives, peppadews, basil, garlic & fresh rocket.

Baconista R105
 Pomodoro sauce, mozzarella, cheddar, bacon & avo.

Pamplona R105
 Pomodoro sauce, mozzarella, chorizo, peppadews & avo.

Calabrese R95
 Pomodoro sauce, mozzarella & salami piccante.

Pulled Pork Pizza R115
 Pulled pork on our famous pizza topped with jalapeno and bang bang sauce.

Additional Fillings:
 Cherry tomato / onion / pineapple / green chilli / mixed peppers / spring onion +R8

Spinach / rocket / olives / black mushrooms / basil / mozzarella / cheddar / halloumi / parmesan / brie / avo +R15

Tuna / bacon / salami / ham / chicken / macon +R30

Smoked salmon +R45

JUICE BAR

Freshly squeezed juice
 All juices are freshly squeezed. Made when you order them.
 Fruit & vegetables are seasonal.

OJ 350ml 500ml
 R55 R65
 Oranges only.

Sunshine R55 R65
 Orange, carrot, pineapple.

First Love R65 R75
 Beetroot, ginger, carrot, lemon, celery.

Cloudy Ginger R55 R65
 Apple, lemon, ginger.

Tonic R69 R79
 Spinach, wheat grass, cucumber, avo, apple.

Create your own R65 R75
 Seasonal fruit & veg.
 Maximum 4 ingredients.

ALL NATURAL SMOOTHIES

Sugar free. No artificial flavours & colourants
 350ml 500ml
Tropicana R69 R79
 Pineapple, cashews, ginger, banana, filtered water.

The Punch R79 R85
 Milk, vanilla whey protein, peanut butter, banana.

Avo-licious R69 R79
 Avo, apple, cinnamon, walnuts.

Mother’s Milk R79 R85
 Cashews, vanilla, coconut milk, banana, cinnamon, honey.

Power House R69 R79
 Mixed berries, banana, almonds, plain yoghurt, honey.

Paradiso R69 R79
 Pineapple, banana, cashews, coconut milk.

GRANITA FRUIT SMOOTHIES

Blended with ice
 350ml 500ml

Fruit Smoothy
 Mango / strawberry / mixed berry R42 R46
 Add yoghurt +R10

Squeeza R40 R48
 Lemon Mint.

Plush R46 R54
 Pear & ginger.

Kiwi Kid R46 R54
 Kiwi, apple & mint.

Elderflower & Apple R46 R54

Bravado R46 R54
 Berry, black pepper & basil.

Pink Paradise R46 R54
 Watermelon, cranberry & mint.